

whatever's around the corner

NOTHING WORKS LIKE MAGIC

Five Star Magic, with its proven trainability, gives you confidence to ride, hack, school and truly enjoy every moment with your horse. These moments should be magic and provide a light relief to the unprecedented situation we are currently living in, not only beneficial to our physical wellbeing but to our mental health too, as well as our horse's. However, in some instances our horse's behaviour can provide us with a cause for concern.

Very often our horse's behaviour is their best way of communicating with us and it is down to us to understand this behaviour, which is the key to success. Whether you measure your success as a better dressage test, improved everyday manners, or a safe and sensible hack, in order to improve or reach our goals we must understand our horses.

Giving our horses positive experiences throughout their careers is essential to build their confidence. Sadly, this is not always possible which can lead to flight reactions, which we can perceive as spooking, napping, rearing, bucking or generally misbehaving. If the horse does not understand a situation or if they have had a bad experience previously they will react accordingly to avoid having to face that situation – the underlying commonality here is confidence and trainability.

With the distinct lack of events and available outings this year, social media has provided many virtual competitions and exercises to continue to stimulate our horses. Be it on the ground or on board these have enabled us to continue to enjoy our time with them throughout the lighter and warmer months. But this time of year is typically where we would be giving our horses a well deserved holiday or lessen their work load significantly.

Lack of daylight hours, the weather, and pending festivities usually play their

part in that decision for most of us however 'lockdowns' will now also be a contributing factor. With unplanned breaks this year, often at short notice, it can be difficult. Fit horses, particularly, returning from a break, may be more keen than ever to get going! With these possible bursts of enthusiasm and excitement we have to be mindful that they may have heightened reactions to given situations, such as the reintroduction of travelling, clipping, or riding somewhere new.

Whether the conditions and variables presented are what our horses are used to or brand new, in some cases we require a helping hand. We can do this by supporting their inner stress response, to give them the confidence to understand the task at hand, and in turn become more trainable.

As riders ourselves at NAF, we developed NAF Five Star Magic trialed and proven to improve trainability without having a sedative effect. The amalgamation of unique herbs combined with the right balance of key vitamins and minerals effectively address and support their stress responses.

Five Star Magic works like Magic, once they feel better on the inside, you will enjoy the more confident ride and enjoy training them to take on new challenges!

If you have not yet tried Five Star Magic but are thinking about getting going, give it a try and enjoy the many Magic moments with your horse today.



- Calm, concentrated and confident
- Trainability
- No sedative effect
- Supporting stress responses



**Competing | Loading | New situations |
Farrier visit | Clipping | Travelling |
Dentist visit | Hacking | Riding**